

# EBEN ALEXANDER III MD

## LONGER BIO

**Dr. Eben Alexander** spent over 25 years as an academic neurosurgeon, including 15 years at the Brigham & Women's Hospital, the Children's Hospital and Harvard Medical School in Boston. Over those years he personally dealt with hundreds of patients suffering from severe alterations in their level of consciousness. Many of those patients were rendered comatose by trauma, brain tumors, ruptured aneurysms, infections, or stroke. In his academic career he has authored or co-authored over 150 chapters and papers in peer reviewed journals, and made over 200 presentations at conferences and medical centers around the world. He thought he had a very good idea of how the brain generates consciousness, mind and spirit.

In the predawn hours of November 10, 2008, he was driven into coma by a rare and mysterious bacterial meningitis-encephalitis of unknown cause. He spent a week in coma on a ventilator, his prospects for survival diminishing rapidly. On the seventh day, to the surprise of everyone, he started to awaken. Memories of his life had been completely deleted inside of the coma, yet he awoke with memories of a fantastic odyssey deep into another realm – more real than this earthly one! His older son advised him to write down everything he could remember about his journey, before he read anything about near-death experiences, physics or cosmology. Six weeks later, he completed his initial recording of his remarkable journey, totaling over 20,000 words in length. Then he started reading, and was astonished by the insights his journey brought to the world's literature on near-death experiences, and to all phenomena of extended consciousness. His experience clearly revealed that we are conscious in spite of our brain – that, in fact, consciousness is at the root of all existence.

His story offers a crucial key to the understanding of reality and human consciousness. It will have a major effect on how we view spirituality, soul and the non-material realm. In analyzing his experience, including the scientific possibilities and grand implications, he envisions a more complete reconciliation of modern science and spirituality as a natural product.

He has been blessed with a complete recovery and shares his most powerful, life-changing story in his book, *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*, which debuted at #1 on the New York Times Bestseller list and has remained in the top ten for over a year. His second book, *Map of Heaven: How Science, Religion and Ordinary People are Proving the Afterlife*, explores humankind's spiritual history and the progression of modern science from its birth in the seventeenth century, showing how we forgot, and are now at last remembering, who we really are and what our destiny truly is.

Dr. Alexander has dedicated himself to sharing this information, promoting further research on the unifying elements of science and spirituality, and encouraging people to be inspired by the power of unconditional love in their daily lives and in their work in their communities.

When not speaking or conducting research, Dr. Alexander enjoys hiking, climbing, SCUBA diving, snow skiing, tennis and meditation.

For more information: [www.ebenalexander.com](http://www.ebenalexander.com)

# EBEN ALEXANDER III MD

## SHORTER BIOS

Best-selling author of *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*, **Dr. Eben Alexander** spent over 25 years as an academic neurosurgeon, including 15 years at the Brigham & Women's Hospital, the Children's Hospital and Harvard Medical School. In 2008, his own remarkable near-death experience radically transformed his understanding of consciousness and the brain. Dr. Alexander co-founded the nonprofit *Eternea* to share this information, to further the research on science and spirituality and the nature of consciousness, and to encourage people to bring unconditional love into daily life.

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Best-selling author of *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*, **Dr. Eben Alexander** spent over 25 years as an academic neurosurgeon. In 2008, his own remarkable near-death experience radically transformed his understanding of consciousness and the brain. Dr. Alexander's message is about bringing unconditional love into daily life and better understanding the nature of consciousness.

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After decades as a physician and teacher at Harvard Medical School and elsewhere, renowned academic neurosurgeon, **Dr. Eben Alexander**, thought he knew how the brain, mind, and consciousness worked. A transcendental Near-Death Experience (NDE) during a week-long coma from an inexplicable brain infection changed all of that— completely. He has spent the last seven years since his NDE reconciling his rich spiritual experience with contemporary physics and cosmology. By probing deeply into our own consciousness, he discovered, we transcend the limits of the human brain, and of the physical-material realm. A pioneering scientist and thought leader in consciousness studies, Dr. Alexander has been a guest on Dr. Oz, Oprah, and many other national and international media programs. His books, *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife* and *The Map of Heaven: How Science, Religion, and Ordinary People Are Proving the Afterlife*, have collectively spent more than two years atop the New York Times and international bestseller lists.